



FLEXIBLE LEARNING COURSES

PROGRAM	Available	Location
▶ ULTIMATE Fitness Trainer Program	Start Anytime	Australia Wide
▶ Certificate III Fitness – Distance	Start Anytime	Australia Wide
▶ Certificate IV Fitness – Distance	Start Anytime	Australia Wide



add on ULTIMATE UPGRADE PACKS

UPGRADE OPTIONS	Available	Location
▶ ULTIMATE 'Fitness Experience' Pack	Start Anytime	Gym Campus (see below)
▶ ULTIMATE 'Fitness Mentor' Pack	Start Anytime	PT Partner (see below)
▶ Pilates Instructor Course	On request	Sydney

CAMPUS LOCATIONS

Gym campuses are where practical placements are arranged for students. New gym campuses are opening all the time, so check with ACSF careers advisors. Upgrade packs are subject to availability. If you plan to arrange your own gym placement ACSF can provide a letter reference.

State	Location	Gym Campus	PT Partners
NSW	Sydney- Central	•	•
	Sydney - West	•	•
	Newcastle Region		
	Wollongong	•	•
	Taree	•	•
ACT	Canberra	•	•
WA	Perth	•	•
VIC	Melbourne	•	•
QLD	Gold Coast		•

The Australian College of Sport & Fitness partner with some of the leading fitness centres in Australia to conduct practical training. These include:





CLASSROOM LEARNING COURSES

PROGRAM	Duration	Location
▶ ULTIMATE Fitness Trainer – Fast Track	2 terms – 20 weeks <i>2 days per week</i>	Sydney CBD
▶ Certificate III Fitness	2 terms – 20 weeks <i>2 days per week</i>	Sydney CBD
▶ Certificate IV Fitness	2 terms – 20 weeks <i>2 days per week</i>	Sydney CBD

INTAKES (Start Dates)



- ❑ **Term 4, 2010** - starts 8th October until 17th December
- ❑ **Term 1, 2011** - starts 28th January until 8th April

TIMETABLE OPTIONS

▶ OPTION 1 Tuesdays – 8.45am to 5.30pm & Wednesdays – 8.45am to 5.30pm	▶ OPTION 2 Thursdays – 8.45am to 5.30pm & Fridays – 8.45am to 5.30pm
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